

EVENT GUIDE

Harper Mountain, Kamloops

May 25th & 26th, 2024

LAND ACKNOWLEDGEMENT

The Canadian Enduro League acknowledges that this event occurs on **Tk'emlúps te Secwépemc** (TteS) territory, situated within the unceded ancestral lands of the Secwépemc Nation. We honour and respect the people, the territory, and the land that houses our community

To jump to the Festival Guide, CLICK HERE

To jump to the Enduro Race Book, CLICK HERE





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ENDURO RACE BOOK

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Harper Mountain, Kamloops

May 25th & 26th, 2024



LEGAL

By participating in this event, you agree that you have read, understood and accept the Release of Liability, Waiver of Claims and Assumption of Risk, presented by All Mountain Productions and Consulting Inc. A copy of the agreement can be found here.

EVENT OVERVIEW



LOCATION

2580 Harper Mountain Rd, Kamloops, BC V2C 4C5.

Parking, Registration, Staging and Awards: <u>Located at Harper Mountain Ski lodge here.</u> See <u>site layout here</u> for event site map.



FESTIVAL VIBES

New this year, all registered participants also have an automatic free entry to participate in our festival events in addition to the big show, the We Are One Canadian Enduro League presented by Leatt.

See <u>Festival Schedule</u> below for timing of the <u>Air DH</u> and <u>Grass Slalom</u> festival events happening on Saturday.



ENDURO RACE BOOK:

Click here to skip ahead to all things Enduro race related.



LOCAL MTB ASSOCIATION

Huge thanks to the Kamloops Performance Cycling Centre, they have been integral in bringing us back to Harper for the action. For more information on their association or to make a donation click here.

As part of the Canadian Enduro League partnerships with local riding associations, we also donate 10% of athlete registration towards the local trail association. We are proud of the support and partnerships with such amazing groups doing awesome work as stewards of the trails.





FESTIVAL SCHEDULE

FRIDAY, MAY 24	SATURDAY, MAY 25	SUNDAY, MAY 26
COURSE RELEASE Canadian Enduro Trailforks and Pinkbike 9:00 AM	ENDURO TRAINING AND COURSE INSPECTION All Day	ENDURO VOLUNTEER MEETING 6:30 AM
Participants Shuttle CLOSED 12:00 PM	AIR DH REGISTRATION Enduro Race & AIR DH Package Pickup 9:00 AM - 10:30 AM	FOOD TRUCK Coffee and Breakfast 6:00 AM - 10:00 AM
CAMPING Check-in Open 3:00 PM - 9:00 PM	ION2 SUSPENSION SUPPORT 9:30 AM	ENDURO CHECK-IN AND DEPARTURE See Enduro Schedule 7:00 AM - 9:30 AM
	SHUTTLE OPEN \$10 cash per person 10:00 AM - 4:00 PM	FOOD TRUCK Post Race Meal 1:30 PM - 5:00 PM
	CAMPING Registration and Check-in Open 12:00 PM - 7:00 PM	COURSE CLOSED 3:30 PM
	AIR DH Race Runs 11:00 AM - 3:00 PM	AWARDS Timing chip return closed 4:30 PM
	FOOD TRUCK 12:00 PM - 2:00 PM	CAMPING CHECK OUT 5:00 PM - 7:00 PM
	ION2 SUSPENSION SUPPORT 3:30 PM	
	AIR DH Apres & Awards 4:30 PM	
	GRASS SLALOM REGISTRATION Enduro Race & Grass Slalom Package Pickup 3:00 PM - 5:00 PM	
	ENDURO REGISTRATION Mandatory Enduro Package Pickup 3:00pm-5:00pm	
	FOOD TRUCK	





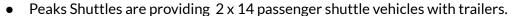
4:00 PM - 8:00 PM

GRASS SLALOM Race Runs 5:30 PM - 6:30 PM

GRASS SLALOM Awards 6:45 PM

SHUTTLES

Peak Shuttles and Mostly Mental Shuttle will be offering Shuttle services for training and course inspection on **Saturday May 25th from 10AM - 4PM.**



- Mostly Mental Shuttles are providing 1 x 14 passenger shuttle with trailer.
- All Shuttles are \$10 per lap, CASH ONLY, exact change required.
- Shuttle Road Speed Limit is 50 km/h go faster, and you will be disqualified from the race. There is ZERO TOLERANCE.
- The Upper Shuttle Roads are CLOSED as of Friday at 12:00pm, Saturday and Sunday.
- DO NOT CLIMB the HARPER MOUNTAIN FSR This is dangerous Take Ket'R'Done to the meadow, and then the upper shuttle road - watch for trail crossings and do not remove course tape!

Dropoff Location: Harper Mountain Lodge parking area.









AIR DH

Saturday May 25th, 2024

REGISTRATION

- Not racing Enduro but want to join us for the Air DH? No problem, <u>click here to</u> sign up for the Air DH only.
- Signed up for the Enduro? Good news, we already have your registered for the Air DH. Stop by the registration tent and pick up your timing chip and race plate for free!
- All registration occurs online only and closes the Tuesday before the event at 12pm PST.
- There is registration on site, bring \$85 cash if you do not pre-register online.

PRICE:

- Early bird pricing \$50 per person until March 1st, 2024
- \$80 March 2nd April 1st, 2024
- \$85 April 2nd, 2024 May 21, 2024

CATEGORIES:

- Women U21
- Men U21
- Women 21+
- Men 21+
- Pro Men
- Pro Women

ONSITE REGISTRATION STEPS

Steps to registration and plate pickup:

- 1. Park your vehicle in the defined parking area.
 - a. Do not drive to Registration, walk or bike only. There is no parking at the Registration area, you will be turned around.
- 2. If you have not signed your waiver online you will be asked to sign your event waiver. If not already completed online, all minors (18 and under) must have a parent present to sign the waiver. If a parent cannot be present, please provide a signed letter assigning a legal guardian. Proof of ID is required.
- 3. Pick up your race plate.
- 4. Pick up your timing chip.
- 5. Ride yo bike!..safely of course.

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AIR DH RULES

- Must be 12+ years old to participate unless approved by the Race Director.
- Pick up a timing chip, sign a waiver and ride your bike!
- All riders must wear a full face helmet.
- Race runs between 11:00am 3:00pm, your fastest lap counts.
- Top 3 in each category will be awarded prizes.





AIR DH SCHEDULE

SATURDAY, May 25th, 2024		
9:00am - 10:30am	Race package pick up and registration	Staging and Expo - <u>Harper Mountain Lodge</u>
10:00am - 4:00pm	Shuttle service available for \$10 cash per person.	Peak Shuttles. Refer to <u>Shuttles information</u> <u>here.</u>
11:00am -3:00pm	Race runs on Air DH course	Complete race runs during specified times, your fastest lap counts.
12:00pm-7:00pm	Camping - Check-in open	Refer to Camping Information here
4:00pm - 8:00pm	Food truck - cash only. Food and ice cream.	Harper Mountain Lodge
4:00pm	All timing chips must be returned to the registration tent.	Staging at <u>Harper Mountain Lodge</u>
4:30pm	Apres & Awards	Harper Mountain Lodge





GRASS SLALOM

Saturday May 25th, 2024

REGISTRATION

- Not racing Enduro but want to join us for the Grass Slalom? No problem, click here to sign up for the Grass Slalom only.
- Signed up for the Enduro? Good news, we already have your registered for the Air DH for FREE. Stop by the registration tent during the scheduled time and pick up your timing chip and race plate.
- All registration occurs online only and closes the Tuesday before the event at 12pm PST.
- There is registration on site, bring \$35 cash if you do not pre-register online.

PRICE:

\$35 April 2nd, 2024 - May 21, 2024

CATEGORIES:

- Women U21
- Men U21
- Women 21+
- Men 21+
- Pro Men
- Pro Women

ONSITE REGISTRATION STEPS

Steps to registration and plate pickup:

- 1. Park your vehicle in the defined parking area.
 - a. Do not drive to Registration, walk or bike only. There is no parking at the Registration area, you will be turned around.
- 2. If you have not signed your waiver online you will be asked to sign your event waiver. If not already completed online, all minors (18 and under) must have a parent present to sign the waiver. If a parent cannot be present, please provide a signed letter assigning a legal guardian. Proof of ID is required.
- 3. Pick up your race plate.
- 4. Pick up your timing chip.
- 5. Ride yo bike!..safely of course.

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GRASS SLALOM RULES

- No age limit fun for the whole family.
- Pick up a timing chip, sign a waiver and ride your bike!
- Half shell helmets are ok for this event.
- Race runs between 5:30pm 6:30pm, your fastest lap counts.
- Top 3 in each category will be awarded prizes.





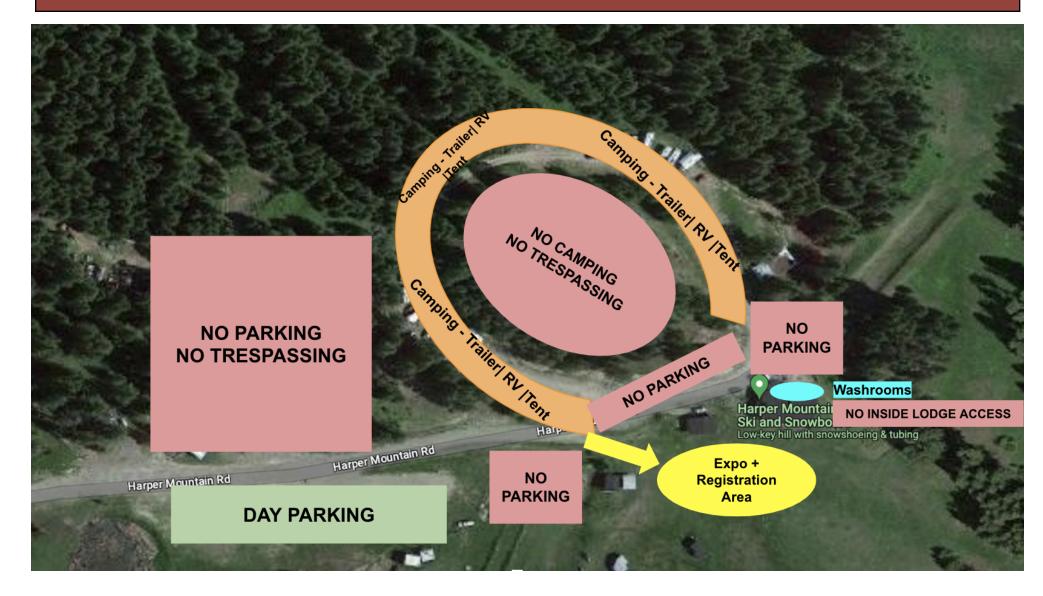
GRASS SLALOM SCHEDULE

SATURDAY, May 25th, 2024		
3:00pm - 5:00pm	Grass Slalom registration and Enduro race package pick up	Staging at <u>Harper Mountain Lodge</u>
4:30pm - 5:30pm	Grass Slalom training.	Grassy area beside <u>Harper Mountain</u> <u>Lodge</u>
5:30pm - 6:30pm	Grass Slalom - Race Runs.	Complete race runs during specified times, your fastest lap counts.
6:45pm	Kick off party & Awards	Staging at <u>Harper Mountain Lodge</u>





SITE LAYOUT







EVENT CAMPING

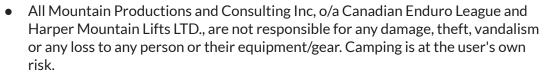




LOCATION: Harper Mountain Lodge - 2580 Harper Mountain Rd, Kamloops, BC V2C 4C5 **REGISTRATION:** Online camping registration opens on March 1st, 2024. Registration does not guarantee a site, the CEL team will notify you by Wednesday May 1, at 7:00pm via email to confirm that you have a site.

- You have until May 15th, 2024 to cancel your reservation.
- Cancellations are not accepted past May 15th. If you cancel or do not show up for your campsite you will still be charged the camping fee. Participants who cancel or 'no-show', will not be permitted to race until their camping fees are paid in full.
- Campsite reservations are not transferable and not refundable.

IMPORTANT





- The speed limit coming through the Paul Lake Village is 30 km/h, this will be heavily enforced and violators may be removed from the event. The speed limit along Harper FSR is 50 km/h, and there are multiple trail crossings. Travel slow and cautiously. This is a steep road and your vehicle must be suitable at traveling on FSRs.
- There is absolutely NO CAMPING anywhere within the Harper Mountain Recreation Site and Trail Network or Parking Lot. Parking gate will be closed and Conservation Officers will be onsite for enforcement. Racers found camping within the Recreation Site and Trail network will be disqualified from the event and potentially future events.
- There are absolutely <u>no</u> services at this site, no water, electricity, sewage, security etc., you must be 100% self-sufficient and pack out all of your garbage. There are toilets onsite (at lodge), going #1 or #2 outside around your site is not permitted and will result in removal from the site and the event.

PRICING



- Each site costs \$40 per night and is based on double occupancy and can accommodate one main camping unit (Trailer, Tent, multiple tents are permitted but must not exceed a 10'x20' footprint), Rooftop Tent, RV, Tent Trailer, Truck Camper etcetera. Additional people are \$10 per night per site.

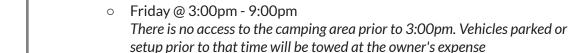
 For example, if you are a family of four (4), the cost for two nights would be \$100.
- Payment is to be made in exact cash only (no change will be given) and is due upon check-in. Failure to pay upon check-in will result in a forfeiture of your site.





CHECK-IN AND OUT TIMES





- Saturday from 12:00pm-7:00pm. Once full, a sign will be posted.
- Check-out Time: Anytime, you may leave at any time. On Sunday evening we may employ staggered departures between 5-7pm in order to be cognizant of local residents and not have a presession of vehicles coming down the road at the same time.
- Only one vehicle is permitted to be at each site, unless it is integral to your camping unit, otherwise two vehicles are permitted. There is ample parking below the camping area.

AMENITIES

There are no services for campsites:

- You must be fully contained and self sufficient
- No electricity
- No internet
- No septic services
- No garbage services
- No potable water (you must bring all of your water)
- No internet or electricity.
- There are washrooms available onsite.

LODGE ETIQUETTE

- Washrooms will be open and can be accessed through exterior doors.
- Washroom doors close at 11:00pm and open at 6:00am.
- No cooking or food storage in the lodge.
- No animals are permitted inside the lodge, except registered service animals.

RESTRICTIONS

- No tenting on the ski hill.
- No Fires or Open flames, including propane fire pits. Cooking stoves are ok.
 - Racers caught or reported to have open fires will be disqualified and asked to leave.
- No Camping in the Meadow or along the road or any other rec site parking lot.
- The Yellow Gate Parking Lot is CLOSED for all parking. Absolutely no camping!
- No camping in the lower parking lot off of Paul Lake Road.
- Campers are responsible for their garbage. Pack in, pack out.
 - All garbage must be stored inside of either a vehicle or hard shelled camping unit (no tents) There are active bears in the area.
- Please practice "leave no trace" and pack all garbage out!







ALL OTHER EVENT INFO

ACCOMMODATION

Looking for a place to stay in Kamloops? The Double Tree by Hilton Kamloops has a special rate for all athletes and families travelling for the race.

Call 250-851-0026 and quote **We Are One Canadian Enduro League Presented by Leat.** Click here to book online and add "WAO" into the promotion code to enjoy the Canadian Enduro League Rate. Pet-friendly rooms, an outdoor pool and bike storage are just some of the amenities at the Double Tree by Hilton in Kamloops.



Promotion Code: WAO

Promotion Period: May 23 – 26, 2024

You can also check out <u>Tourism Kamloops website here</u> for a selection of accommodations, from hotels and motels to vacation rentals and camping. Whether you're seeking Air-bnbs or budget-friendly motels, Kamloops has over 50 accommodation choices to suit every taste and budget.

If you are looking for other camping options near Harper Mountain. Paul Lake campsite is a 20-minute drive away, more information for the provincial park campsite <u>can be</u> found here.

FOOD & BEVERAGE



Back by popular demand we are excited to have Jill's Catering food truck on site for the weekend to provide you with Hot Coffee and breakfast in the morning and some tasty options for lunch and dinner on Saturday and a post-race meal on Sunday.

- Saturday | 12:00pm 2:00pm | Payment = Cash only
- Saturday | 4:00pm 7:00pm | Payment = Cash only
- Sunday | Breakfast and Coffee from 6:30am-10:00am | Payment = Cash Only
- Sunday | Post Race Meal served from 1:30pm 5:00pm, Please exchange your timing chip at registration for your Food and Beverage voucher. A tasty apres meal and cold beverage will be provided for you with your registration.



MEDICAL

We are very excited to have the team at Canadian Outdoor Medical Consulting providing our event medical coverage during our CEL events. Canadian Outdoor Med specializes in custom risk management and event medical coverage for outdoor professional organizations. Look for the medical team staged on the course in red jackets. For more information, check them out here.







WE ARE ONE Rim Swap Fiesta and Rim Toss!

Swing by the We Are One Composites booth for a tried and true classic game of 'Rim' Toss, where you'll try to get a We Are One Rim around Da Package (bar/stem combo), to be entered into a draw to win Da Package!

During the apres, don't forget to try your hand and time yourself as you try to swap a tire from one #HandlaidInCanada rim to another. You could win a pair of Carbon Rims, by We Are One, a free wheel build to your current hub (spokes, nipples, valve stem, wheel build or a discount on a full wheelset!

Full contest rules see here.

ENTER TO WIN A SWAGMAN SUMMIT RACK

The new Summit rack from Swagman is the ultimate travel solution for your next riding adventure. The vertical loading Summit rack accommodates up to 4 bikes. Tire trays lock your front wheel in for a secure fit, and can accommodate tires up to 5" wide! Enjoy a secure, scratch-free journey with zero-frame contact trays, ratchet straps for tires, and the unique stay-saver strap, keeping your bikes snug even on the roughest terrain. The Summit is the Canadian Enduro League rack of choice - make sure you check it out in the expo area at Harper Mountain.



Tickets will be sold onsite throughout the weekend at the registration tent. **Cost:** \$10 for 10 tickets - cash only.

We're proud to be donating 50% of all funds raised from the raffle to the KPCC to help support trail building and maintenance in and around Kamloops.

The winner will be drawn during awards on Sunday and must be there to collect it. If the winner is not present, we will draw another.

For more information visit: https://www.swagman.ca/

ION2 SUSPENSION SUPPORT

Want to make sure your suspension is in tip-top condition and you have your settings dialled come race day? The experts from ION2 Suspension will be set up at Harper from 9 am until 7 pm, and they will be ready to work with you and help get your suspension setup for the rough Harper trails.



They will also be holding two suspension seminars that will cover all of the basic information about setting up your suspension. They will cover what each knob and button does, give you some tips on setting your SAG, and give you all of the knowledge you need to confidently set up your suspension. If you've ever wanted to learn about suspension, make sure you get yourself to either of these seminars. Check it out online at ION2 here.

Seminar 1: Saturday, 9:30 am Seminar 2: Saturday, 3:30 pm







THE STRAIGHT & NARROW

We are excited to offer some cold and refreshing Straight and Narrow Pacific Coast Cocktails for our 19+ athletes. The Strait & Narrow Pacific Coast Cocktails are crafted with custom spirits, and blended with natural flavours, sparkling water, and a hint of cane sugar.

VOLUNTEER



Looking to join us as a Volunteer this year and cheer on your friends and family? We love our volunteers and we want you.

We have an exciting new perks package to offer those who help us out on race weekend including:

- A 2024 Canadian Enduro league free entry for yourself at one of our other races
- Or 75% off registration fee for a spouse/child who is racing
- 25% off We Are One Wheelsets, rims and handlebar packages
- 40% off Leatt mtb gear
- 40% off Crankbrothers gear

We are always on the look out for help out with any of the following roles:

- Course marshals and timing
- Food station snack masters
- Registration and awards

To sign up - <u>click here.</u>

NEUTRAL SUPPORT

Ben Scheifele has been a professional bike mechanic in shops for over 10 years and is now working at Lynn Valley Bikes in North Vancouver. He will be joining us at Harper Mountain to provide neutral support on race weekend.



Services include:

Safety check/bolt check, tune up, flat fix, wheel true, derailleur adjustment, derailleur hanger alignment, part instal, shift cable and housing replacement, brake bleed, brake pad replacement, brake adjustment, headset adjustment, bottom bracket adjustment, suspension adjustment and set up.

Price: By donation!

Times:

Saturday, May 25th, 2024 9:00am - 6:00pm Sunday, May 26th, 2024 6:30am - 3:30pm





kamloops

ACTIVITIES AND THINGS TO DO

Check out <u>Tourism Kamloops' website</u> for more information about the area, including local events, activities, places to eat and things to see in Kamloops.

Get your free, digital savings Loops Explorer Pass for instant discounts at attractions, restaurants, and shops. Click here for more info.



CONTACT

- <u>Series Info</u> view before you email.
- Change category, complete on your CCN bikes profile.
- Refund or Transfer view website and then, email info@canadianenduro.com
- Athlete Inquiries > info@canadianenduro.com
- Volunteer Registration go to our <u>website here.</u>
- Emergency call 1-250-899-0096



FOLLOW US

For up-to-date info on the racing and events, follow us on <u>Facebook</u> and <u>Instagram</u> and <u>Youtube.</u>



CANCELLATION/REFUND POLICY

REFUND POLICY

For more information on our 100% Satisfaction Guarantee, our 30-60-90 Day Refund Policy, Injury Refunds or Transfers - check out our website here.



THANK YOU

A special thanks to:

TOURISM KAMLOOPS | KAMLOOPS PERFORMANCE CYCLING CENTRE | OUR VOLUNTEERS | THE BICYCLE CAFE | THE KAMLOOPS DH UNION







OFFICIAL MEDICAL CONSULTANT

OFFICIAL CANADIAN ENDURO CUP JERSEY DESIGNER































CANADIAN ENDURO LEAGUE EVENT PARTNERS





























ENDURO RACE BOOK

Sunday May 26th, 2024





Harper Mountain, Kamloops

May 26th, 2024



LEGAL

By participating in this event, you agree that you have read, understood and accept the Release of Liability, Waiver of Claims and Assumption of Risk, presented by All Mountain Productions and Consulting Inc. A copy of the agreement can be found here.

IMPORTANT

- Speed limit on the Harper Mountain FSR is 50km/h and heavily enforced. Speeding, drifting etc, will result in removal from the event.
- DO NOT CLIMB THE MAIN SHUTTLE ROAD! This is dangerous Take Ket'R'Done at the first switch back, to the meadow, and then the secondary shuttle road - watch for trail crossings and do not remove course tape!
- CELL PHONE SERVICE is limited throughout the mountain.
 - Service may be found at the Top of the Mountain, at the Meadow, and first Hairpin on Harper Mountain FSR where Ket-R-Done begins.
- Full Face Helmets are MANDATORY, for ALL Racers
 - All competitors must wear a helmet purchased /manufactured within the last three years.
- There are stipulations on training, please read below.
- There are stipulations on shuttling, please read the <u>shuttling info here</u>.
- Racers must follow Leave No Trace Principles. Littering results in automatic disqualification from the event.
- Please be advised these are public trails with intersecting road crossings and other trail intersections. Trails are not closed to the public and riders must yield to the public at all times.
- There is absolutely no camping within the Harper Mountain Recreation Site and Trails.



RIDER SAFETY VIDEO

All participants must watch the Rider Safety Video prior to attending the event. Rider Safety briefing video coming soon.





RACE PACKAGE PICKUP, REGISTRATION AND STAGING INFO

REGISTRATION - SIGNING UP FOR AN EVENT

- Click here to sign up for an event!
- There is NO onsite 'day-of' registration.
- All registration occurs online only and closes the Tuesday before the event at 12pm PST.

MANDATORY RACE PACKAGE PICKUP (REGISTRATION)

All racers must pick up their package (timing chip and number plate) on Saturday, before the event (see schedule). Steps to a smooth registration and package pickup:

- 1. Park your vehicle in the defined parking area.
- 2. Pick up your number plate
- 3. Pick up your timing chip.
- 4. If you have already picked up your race plate on Saturday you must still check in at the registration tent at your assigned *Check-in Time*. See Enduro Schedule below.
- 5. Ride yo bike!..safely of course.

EVENT REGISTRATION AND STAGING LOCATION

Registration Location: <u>Harper Mountain Lodge</u> - look for the CEL Registration Tent and signage.

ENDURO CHECK-IN

On race day, all racers must go to the CEL Registration Tent and complete a check-in. No exceptions.

- Race Check-in and plate pickup schedule is below. <u>Please review the Enduro</u>
 Schedule for your assigned check in time
- You may pick up your timing chip and race plate at any of the registration times on Saturday however you must check-in on Sunday morning prior to departure on course.
- Race day is Sunday, May 26th, Riders are responsible for ensuring their timing chip is on their person for the duration of race day.







TRAINING / COURSE INSPECTION

We do not offer 'official practice' on closed courses. Trails are open to the public at all times, as such, full-race runs are not permitted. Please do not impede the public. Training/Course Inspection

- Participants must yield at all intersections. There are numerous crossings of the Secondary Harper Mountain Shuttle road; these crossings are <u>NOT</u> marshaled on Friday and Saturday. There is one main road crossing of Harper Mountain FSR that will be marshaled on Saturday from 10am-4pm.
- There are no support services available on Saturday training day. Riders must be 100% self-sufficient, including emergency response and medical.
- <u>Shuttling is NOT Permitted</u> on the Upper Shuttle Roads Friday, Saturday and Sunday. Please view the "SHUTTLE" section for more information.
- Full Face Helmets are mandatory during all training and inspection.
- Riders are NOT permitted to free-ride off of designated trails.
 - This includes course cutting off of the main trail, or hiking/riding other terrain other than the established race course.
 - <u>If "cheat/cut lines" appear, we risk having the stage being dropped from</u> the course. PLEASE DO NOT CUT THE COURSE!
- No hiking up the bike trails. DO NOT stop or hike on the trail. If you want to take a closer look at a line, pull to the side of the trail.
- The course is not fully marked until 4:00pm Saturday, ensure you pay attention to the Trailforks route and course signage.
- Trails are open to the public at all times.







RACERS EMERGENCY ACTION PLAN

<u>Canadian Outdoor Medical Consulting</u> is the official medical provider providing First Aid coverage for the event. Please view our rider <u>Safety Briefing video here.</u>

MAJOR INJURIES

Major injuries are classified as injuries that require the participant to leave the event for any reason. Such injuries may include, but are not limited to:

- Loss of consciousness
- Cessation of breathing
- Deadly bleeding
- Long-bone fractures
- Lower extremity dislocations
- Internal bleeding or concern of internal injuries
- Etcetera...

ACTION PLAN

If you experience any of these injuries or similar types of injuries,

- 1. Please call 9-1-1 immediately.
- 2. Start life saving first aid if adequately trained.
- 3. After calling 9-1-1 if possible please seek help from another rider, medic or course marshal.
- 4. Call or have another person call the Incident Commander at 1-613-371-4611.
- 5. Call the race director at 1-250-899-0096.
- 6. Remain in place if stable.

MINOR INJURIES

Minor injuries are classified as injuries that <u>may</u> require the participant to leave the event for any reason, require minor first-aid or stable injuries that require assistance to leave the event. Such injuries may include but are not limited to:

- Broken wrist
- Broke collarbone
- Cuts and abrasions
- Bruises
- Minor head injuries
- Etcetera...

ACTION PLAN

If you experience any of these injuries or similar types of injuries and require medical attention,

- 1. Please call the Incident Commander at 1-613-371-4611
- 2. Call the race director at 1-250-899-0096

EVENT EMERGENCY RESPONSE PLAN

VOLUNTEERS AND MEDICAL TEAM

Every course marshal has a copy of the Emergency Response Plan and phone numbers, if a racer requires assistance for any reason, please contact a marshal or call 1-250-899-0096. Look for our medical team from Canadian Outdoor Medial on course in red jackets.

For more information please refer to our Rule Book found on the website here.





ENDURO SCHEDULE

- **★** CHECK IN TIME
 - The Check-in Time is when you must arrive to pick up your race plate and timing chip. It is located at the Staging/Registration area located here.
- **★** DEPARTURE TIME
 - The Departure Time is the time when racers leave to go on course from the Departure Location.
- **★** DEPARTURE LOCATION
 - The Departure Location is at the <u>Staging / Registration area here</u>.
- ★ RACER BRIEFING

Click here to watch the Racer Briefing video provided by Canadian Outdoor Medical.

VIEW THE FULL CEL FESTIVAL SCHEDULE HERE

	FRIDAY, May 24th 2024	
Morning	Course is <u>released here.</u> Training and course inspection.	Harper Mountain bike trails.
12:00pm	Participants Shuttling CLOSED.	Pedal access and provided shuttles is still permitted on trails, see Training Section.
3:00pm-9:00pm	Camping - Check-in open	Refer to the <u>Camping information here.</u>
SATURDAY, May 25th, 2024		
ALL DAY	Training and course inspection.	Harper Mountain bike trails.
8:30 am	Air DH Volunteer Meeting	Harper Mountain Lodge
9:00am - 10:30am	Enduro + Air DH Race Registration and Race Package Pick Up	Harper Mountain Lodge
10:00am - 4:00pm	Shuttle service available for \$10 cash per person.	Peak Shuttles. Refer to Shuttles information he
11:00am -3:00pm	Race runs on Air DH course	Complete race runs during specified times, your fastest lap counts.
12:00pm-7:00pm	Camping - Check-in open	Refer to Camping Information here
12:00pm-2:00pm 4:00pm - 8:00pm	Food truck - cash only	Harper Mountain Lodge
3:00pm - 5:00pm	Enduro + Grass Slalom Registration and Race Package Pick Up	Harper Mountain Lodge
4:30pm - 5:00pm	Grass Slalom training	Grassy area beside <u>Harper Mountain Lodge</u>
5:30pm - 6:30pm	Grass Slalom - Race Runs.	Complete race runs during specified times, your fastest lap counts.
6:45pm	Kick off party & Awards	Harper Mountain Lodge

SUNDAY, May 26th 2024 | RACE DAY





6:30am - 10:00am	Coffee and breakfast at Food Truck - cash only	Harper Mountain Lodge
6:30am	Enduro Volunteer Meeting	Harper Mountain Lodge
7:00am-7:30am	Pro Men and Pro Women, U21 Men/Women, Expert Men, Expert Women	Check-in Time
7:30am	Pro Men and Pro Women, Expert Men, Expert Women	Depart from Registration
7:45am	U21 Men/Women	Depart from Registration
7:30-8:00 am	U15 Men/ Women, U17 Men,	Check-in Time
7:45-8:15 am	21-29 Men/Women, Open	Check-in Time
8:00am	U15 Men/Women, U17 Men, Open	Depart from Registration
8:15am	21-29 Men/Women	Depart from Registration
8:15-8:45 am	40-49 Men, 50+Men, Master Women, 30-39 Women	Check-in Time
8:45am	40-49 Men, 50+Men, Master Women, 30-39 Women	Depart from Registration
8:30-9:15 am	30-39 Men	Check-in Time
9:00am	30-39 Men	Depart from Registration
8:45-9:15 am	All Short Course categories	Check-in Time
9:15am	All Short Course categories	Depart from Registration
1:30pm - 5:00pm	Food truck - Post Race Meal.	Harper Mountain Lodge
3:30pm	Course Closed.	Riders are allowed to finish their stage
4:00pm	Race Close - Timing chips must be returned before 4:30 pm at the Awards and Apres location in exchange for your Food and Beverage Voucher for the apres.	Timing chips not handed by 4:30pm will incur a charge of \$100.00 and be considered 'lost'.
4:30pm	Awards. Timing chip hand in closed.	Apres and Awards - <u>located here</u>
5:00pm-7:00pm	Camping - checkout time	You may checkout early, all campers must be off premise by 7:00pm





RACE INFORMATION



RULES

It is the athlete's responsibility to review the 2024 Canadian Enduro League Rule Book. The latest version of the Rule Book can be found on our <u>website here</u>.



EVENT GRADING SYSTEM

- Harper Mountain is a Black diamond with an expected physicality rating of 4 bars: Expect around 1800m of climbing, 40 kms and 5 Stages.
- For 2024 our events will be graded on their trail difficulty and total physicality (distance and climbing)
- A full breakdown of our event grading system can be found <u>HERE</u>



PROTECTIVE EQUIPMENT

- Full Face MANDATORY for ALL riders. Please view our helmet policy inside of the 2024 Rulebook <u>found here</u>. All competitors must wear a helmet purchased/manufactured within the last three years.
- Knee pads are strongly recommended. So are gloves, elbow pads, eye protection and back braces.



COURSE INFORMATION

Important Information:

- Racers must follow <u>ALL</u> marked transfers as pre the course route to each stage.
 Deviations from marked transfers are NOT permitted failure to follow the designated route can result in a disqualification.
 - Racers are NOT permitted to pedal up Harper Mountain FSR above the hairpin at the beginning of Ket-R-Done at any time.
- Racers must obey all traffic laws and cross only at controlled crossings.
- Racers are not permitted to deviate from the course route, including transfers.
- Short course will only be 3 stages.

COURSE RELEASE AND TRAIL MANAGEMENT

- Course Releases happen on Thursday or Friday.
- Courses are released here.
- You can also find them on our Trailforks Account.
- <u>Download the trailforks App</u> there are NO printed maps
- This course is difficult experts only.







SHORT COURSE

The CEL Short Course is a stepping stone for riders looking to progress from beginner and regional events to the Canadian Enduro League. The Short Course is SHORTER not EASIER. That is, the Short Course is still physically demanding and technical. The Short Course race course is typically 3 stages instead of the full 5 - 6. Short Course riders are not permitted to ride the other stages until the conclusion of the race.



AID STATION

Thanks to the Bicycle Cafe for manning the aid station on course for your hydration and some sweet and salty goodies. The Aid Station will be located in the Meadow at the end of Unicorn - you will pass it twice.

Athletes must be fully self-sufficient at all times during course inspection and racing. Food/Water caches/stashes are forbidden. Athletes found stashing food/water will be disqualified.



LEAGUE STANDINGS AND OVERALL

Looking for photos of you on your bike. Check out <u>Roots and Rain here</u> for photos and overall standings/points.





RESULTS AND TIMING

TIMING

Our event utilizes live timing and results

LIVE TIMING AND RESULTS

Please view the <u>live results here</u> (during the race).

TIMING CHIP PLACEMENT

- All riders must place their timing chip on their RIGHT HAND WRIST, no exceptions.
- Riders are responsible for their timing chip for the duration of the event. A lost timing chip will incur a cost of \$100.
- Crashes if you feel your timing chip has been compromised due to a crash, please call 1-250-899-0096 and a replacement will be brought to you at the start of the next stage.



TIMING SYSTEM

For information about how it works, please check out the following videos:

- 1. Chip Placement;
- 2. <u>How the system works</u>; and
- 3. Start and Finish Corrals.

Results will be available on <u>Zone4</u> as soon as your first stage time is recorded! Log in via your phone while you're on course to follow your live results.

TIMING CHIP RETURN

Timing chips must be returned before 4:30 pm at the Apres and Awards. Please return your timing chip in exchange for your Food and Beverage voucher at awards.

Timing chips not returned before 4:30 pm will be marked as a DNF.



AWARDS

Location: Awards will be held in front of <u>Harper Mountain Lodge</u>

Awards will begin at 4:30pm for all categories.

RESULTS

Live results are available at **Zone4.ca/results.**







