

# FAQ's

## **REGISTRATION Q's**

- Registration is online only go to CCN website here
- Registration closes the TUESDAY before race day @ 12:00pm PST for enduro and festival events
- Pricing is set based on age/category level
- Registration fees are per racer and include registration fees for all festival events (Air DH, Slalom, Jump Jam or Uphill Climb Challenge *depending on event location*)
- If you would like to register for festival events only you may select that option as well
- Registration fees do not include online processing charges or applicable taxes. Added at checkout
- All Enduro events count towards Canadian Enduro League overall points
- Events may have additional fees such as, but not limited to: lift tickets, trail association memberships, see event Race Book for more info

# WHAT IS INCLUDED IN MY ENDURO REGISTRATION?

- Access / registration for all festival events
- Live timing
- A post race meal and beverage
- CEL race plate, draw prizing, and podium prizes for winners

#### FESTIVAL EVENTS

New this year we have added festival events to the weekend of racing. Air DH, Slalom or Uphill Climb Challenge are some of the festival events that will be offered at each event location.

Categories for the festival events will be limited to M/W Pro, U21 and 21+ for festival events. Tentative Schedule:

- Saturday Air DH, Slalom and Enduro practice
- Sunday Enduro race day and awards

# DO WE HAVE THE OPTION TO OPT OUT OF FESTIVAL EVENTS?

Yes when you register on CCN, just let us know if you do not want to participate in the festival events.

# WHAT'S THE MINIMUM AGE TO PARTICIPATE?

Entrants must be over the age of 12 as of December 31st of the current year.





# WHAT CATEGORY DO I REGISTER IN?

- Pro Women // Expert Women // Master Women (40+) // 30-39 Women // 21-29 Women // U21
  Women //U15 Women
- Pro Men // Expert Men // 50+ Men // 40-49 Men // 30-39 Men // 21-29 Men // U21 Men // U15 Men // U17 Men

#### SHORT COURSE

- Short Course Women // Short Course U21 Women
- Short Course Masters Men (40+) // Short Course Men // Short Course U21 Men // Short Course U15 Men

**OPEN -** The open category is not segregated by sex or age. It is an inclusive category that includes all people who are non-binary, gender fluid and more. We are open to learning more on the topic of gender identity and how we can better involve all people at our events.

**EXPERT** - The next step before pro, open to anyone 21+, if you've ever received a top 10 in pro, you are NOT allowed to enter this category.

**PRO** - The fastest category and where the prize money will be allocated - you do not need a pro/elite license to register for this category.

\*\*\*The CEL reserves the right to change categories.

#### CEL SHORT COURSE VS FULL COURSE

The CEL Short Course is a stepping stone for riders looking to progress from beginner and regional events to the Canadian Enduro League. The Short Course is SHORTER not EASIER. That is, the Short Course is still physically demanding and technical. The short course is typically 3 stages instead of 5 - 6 stages in the full course.

#### FOOD STATION

There will be an aid station on course for your hydration and fuel. We do not make accommodations for people with allergies or intolerances. Athletes must be fully self-sufficient at all times during course inspection and racing. Food/water caches/stashes are forbidden. Athletes found stashing food/water will be disqualified.

#### CAN I RIDE WITH FRIENDS?

Yes for sure! Some events will have staggered stages for different categories. For these races we ask that you stay in your designated category and meet up with your friends at the food station.





#### CYCLING BC MEMBERSHIP - INSURANCE

You are NOT required to hold any kind of Cycling BC or UCI membership for the Canadian Enduro League events. As of December 10th, 2023, the only event that may require a cycling federation license (FQSC) for Bromont, QC event.

You are not covered for any personal injuries or accidents by the CEL during any of the CEL races, so please make sure you have sufficient insurance. If you are an international rider, then make sure you have the appropriate travel insurance. This is on YOU, and is part of signing the waiver to participate, and proof of medical insurance will be required.

# MANDATORY HELMET REQUIREMENT POLICY

- All riders must use helmets manufactured between 2021 and 2024 Helmets will be periodically inspected and riders that fail to produce appropriate helmets will be disqualified from the event
- FULL FACE HELMETS ARE MANDATORY FOR ALL RIDERS

#### WHAT OTHER TYPE OF PROTECTIVE GEAR SHOULD I WEAR?

Knee pads are strongly recommended, as well as elbow pads, gloves and eyewear. Check out our partner <u>LEATT</u> who specializes in full MTB protective gear.

#### INTERNATIONAL INSURANCE

If you are traveling from outside of Canada, or are not a Canadian Citizen holding valid Provincial Health Care, you must provide proof of insurance covering mountain bike racing at the registration table.

#### **TIMING**

Times posted at the end of the race when the awards are given are final! We do not change or alter times after that period. Forgot to hand in your timing tag? Too bad!

Official results and race recap are posted the week after the event.

# ARE THERE TIME LIMITS?

Yes. All riders, regardless of category, must be off the course by the time listed in the Race Book. Finishing after the time will result in a DNF.

#### DISPUTING A TIME

Sometimes things happen, a broken chain, a downed rider, etc. We will review on a case-by-case situation. If you think your time had an error, please see the Race Manager. The Race Manager has the final say on all timing adjustments.





#### COURSE MARKINGS

All the courses will be fully marked using tape, arrows, and signs. During the timed stages, we will do our best to mark the course at a high level, with all intersections well marked, along with dangers and hazard areas. But, please be aware that enduro racing is not DH racing where the course is potentially only 2 minutes long. Do not expect the enduro course to be marked at the level that DH races are, as some timed stages can be over 30 minutes long for each race.

Riders who blatantly go off the trail or cut corners will be disqualified. In an effort to reduce trail erosion, please stick to the trail. Braiding of trails is a serious infraction and cutting corners/cheat lines will not be tolerated!

#### COURSE RELEASE

Courses are released at our discretion, only on TrailForks, and typically the Friday before race weekend. Blind stages are sometimes utilized to manage overuse - please abide and do not ride where/when you are not permitted.

Course releases are always posted on social media > do not email and ask for course information.

## **SHUTTLING**

In some destinations, shuttling for practice will be restricted to keep the traffic on FSRs and local trails down.

#### CAMPING/ACCOMMODATION

Please refer to the Race Book for accommodation listings.

#### FOOD STATION

We make every effort to provide fuel on course. We do not make accommodations for people with allergies or intolerances.

#### **TIMING**

- You will be given a briefing before the event on how to use the timing system
- Your timing chip is your responsibility
- Marshals are not responsible for any timing requirements
- You are responsible for wearing your chip on your wrist
- You are responsible for picking up your timing chip before the race
- LOST CHIPS ARE \$100.00





<sup>\*\*</sup> Timing chips must be handed in within 45 minutes of finishing your final stage, or of pulling yourself off the course \*\*

# **CEL POINTS**

- Points awarded for each race to combined male and female categories, excluding Short Course
- All races in the CEL count towards the overall champion
- Points schedule: 500 points for 1st place, down to 10 points for last place finishers who complete the race
- See the Rule Book for more information on CEL points
- In the event of a tie the best position at the most recent event takes precedence
- Western Cup and Eastern Cup score 25% extra bonus points
- Canadian National Enduro Championship 40% extra bonus points



